

Join us for an upcoming three-Day Certification Event, led by Susie Dahmann, Founder, Vision Keeper, and Master Trainer, along with key staff from the Reaching Higher™ organization. This event provides an opportunity for incoming instructors to learn the underlying philosophies of training and an opportunity to earn Certification for teaching the Reaching Higher™ course. Over three days you will:

- Conduct an in-depth examination of our 9-module Leadership Training Curriculum
- Understand how to create a safe, loving atmosphere in the classroom
- Practice and be coached on classroom facilitation skills
- Identify techniques to draw out reluctant participants
- Understand how additional resources, including the student Guide, can help application and retention of key concepts
- Learn how to identify, recruit, and train program mentors
- Understand how partnership with the host school/community organizations yields the best result

Reaching Higher™ Instructors play a critical role in the success of our program. They are screened, selected, and mentored carefully to assure the highest quality of instruction. Following are the ten qualities and attributes of an ideal instructor:

1. Sincere Love for Children
2. Teaching or Training Background
3. Strong Listening & Empathy Skills
4. Professional Presence
5. Chronic Enthusiasm!
6. Quick-Witted
7. Commitment to Self-Improvement and Learning
8. Receptive to Coaching
9. Ability to Thrive in a Team Atmosphere
10. Strong Follow-Through Skills



TRAINING EVENTS:

Spring and Fall Classes are held in Brighton, Michigan.

Visit reachinghigherinc.org for dates or call (810) 220-8812 for additional information including group rates and on-site training options.

Times:

Thursday: 9:00 a.m. to 5:00 p.m.

Friday: 9:00 a.m. to 5:00 p.m.
(includes lab class evening)

Saturday: 9:00 a.m. to 5:00 p.m.

Curriculum Content Includes:

- 9 Modules
- 1 Facilitator's Guide
- 1 Student/Participant Guide
- Direct one-on-one coaching
- Once per-month personal coaching calls, 60-minutes each for 12-months after certification
- Invitation to Annual Refresher and other trainer development events
- Online training resources

REACHING
HIGHER™

The power of Hope. The skills to Cope.



reachinghigherinc.org

Reaching is a non-profit organization dedicated to helping young people live healthier and happier lives. Our character-building leadership program inspires and prepares students to succeed and to reach their potential!

Our nine session program is designed to:

- Increase Self Confidence and Self Esteem
- Teach Goal Setting Strategies
- Strengthen Decision Making Abilities for School and Life
- Enhance Public Speaking and Interpersonal Communication Skills
- Learn Effective Stress and Coping Skills

The program runs for eight consecutive weeks, plus a ninth session for a Graduation Celebration. The class meets once per week for two-hours. Seats are limited to twenty-five students.

SESSION 1 – YOU ARE A MIRACLE

Discover the Leader within You

Students explore their miraculous and unique nature and begin to create a positive community within the group.

SESSION 2 – REMEMBERING

Develop Self-Awareness

Students put away negative messages they have “learned” about themselves and re-discover the precious parts of who they are.

SESSION 3 – PURPOSE IN LIFE – SETTING GOALS

Set and Achieve S.M.A.R.T. Goals

Students look at their unique gifts and explore how to set and attain realistic goals.

SESSION 4 –MANAGING STRESS

Reduce Stress and Overcome Worry

Students learn techniques for impulse intervention and stress relief, as well as ways to overcome worry.

SESSION 5 – CHANGING LIMITING BELIEFS

Identify Negative Beliefs that Hold You Back

Students look at negative beliefs about themselves and learn practical techniques to replace these images with positive beliefs.

SESSION 6 – FEAR TO FREEDOM

Gain Strength, Courage and Confidence

Students explore the impact of fear in their lives and learn techniques for releasing fear.

SESSION 7 – POSITIVE LIFE CHOICES

Strengthen Decision Making Abilities

Students hear testimonials of real “poor life choice” experiences and are taught how to make good choices for themselves.

SESSION 8 – HAPPINESS THROUGH GIVING AND LOVING

Lead with Compassion and Understanding

Students give to one another and through kind action/communications they are able to experience the true happiness that results.

SESSION 9 – GRADUATION CELEBRATION

Mark Your Calendar

On this life changing evening the Reaching Higher Graduates will share their 8 week accomplishments with family, friends and faculty. A celebration that many will remember for a lifetime!

For more information please contact Reaching Higher at info@reachinghigherinc.com

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